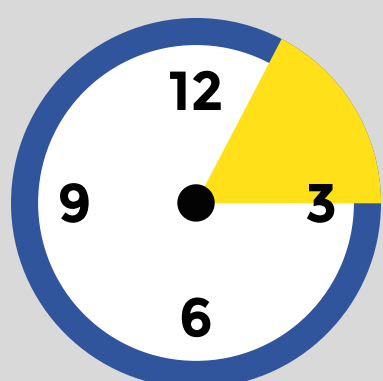


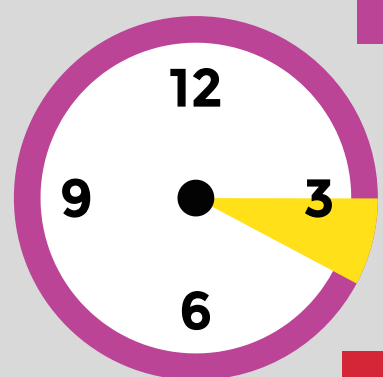
SUICIDE PREVENTION BEST PRACTICES FOR TELEHEALTH DURING COVID-19

BEFORE APPOINTMENT



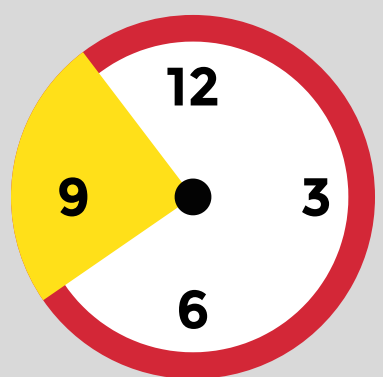
- Ask all individuals to update their emergency contacts
- Ensure that the individual's confidentiality is secured
- Provide the individual with the suicide hotline and crisis text

BEGINNING OF APPOINTMENT



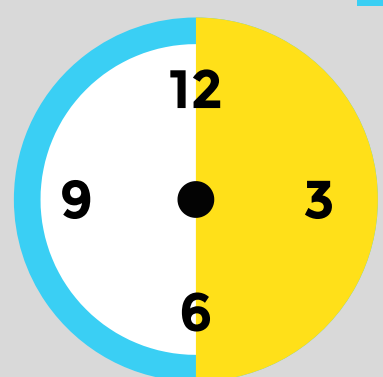
- Make a contact plan in case the call drops
- Ask the individual what their current location is

DURING APPOINTMENT



- Administer a suicide screening at the beginning of each session (C-SSRS)
- Be aware of COVID-19 stressors that could lead the individual to feel suicidal
- Ask about their access to lethal means and try to come up with a plan to divert the use of those means
- Assist the individual in coming up with ways to cope at home
- Develop a safety plan
- If risk is imminent, stay on the line and help individual access medical care

AFTER APPOINTMENT



- Provide the individual with more ways to check-in (email, text, etc.)
- Connect the individual with online and virtual support groups
- Keep a regular telehealth appointment schedule